

## BRING NEW ENERGY TO YOUR MEETINGS

EXQUISITE CORPORATE CATERING CONCEPTS OUTSIDE THE BOX



**INNOVATIVE CATERING FROM BENONS CATERING AIMS TO BREATHE LIFE INTO YOUR MEETINGS. WE ARE HERE TO HELP YOU GET YOUR DAY OFF TO GREAT START, LIVE THROUGH THE FUN AND EXPERIENCE GREAT TASTY FOOD THE WAY EVERY DAY SHOULD BE**

**| CORPORATE | BUSINESS | OFFICE | PRODUCT LAUNCHES | STAFF TRAINING | MEETINGS |**



## Great Ideas to Take Your Meetings Catering Out of the Box!

**Ever see those meetings that soon boil down to endless boredom? Time to get rid of it with Our unique Catering creativity to help you bring back that spark and engagement in the team.**

What you want is a caterer on your team, to create innovative menus for breakfast, lunch and Tea refreshments all to your events needs leaving you to concentrate on the big picture for your company;

We have years of experience to help carry your meeting catering off your hands and deliver corporate/meeting catering to inch detail.

Breakout Times Opportunities: Reinvigorate your company meeting with a chef demonstration, team building event or exhibit viewing.

## Super Food.

Fuel your body and the brain, with meeting packages focused on Super Foods and healthier choices that can increase your team's effectiveness and productivity. Get inspired by our menus, or allow our talented chefs to create a menu to meet your specifications.

## The New One Stop Shop

**What Benons Catering brings on the table is innovative catering**

The right catering will compliment any meeting bringing you expert service and innovative seasonal menus, that will help you drive up engagement and motivate participation.

*“When we Ordered, We didn't know What to Expect... Well, it was an amazing start to the day – the Buttermilk pancakes with Strawberries and Cinnamon were a hit with our guests and so was the bacon beignets so delicious and moreish. You couldn't wish for better!!  
Thanks, Benons Catering!”*

*Edmund Bell - Rochdale*

# Our All Inclusive Breakfast, Lunch and Afternoon Tea Packages with Benons Ca-



## Corporate Breakfasts (Select one buffet)

### Baked Made to Perfection

- Croissants, Sticky Buns, Muffins, Assorted Bagels and Breakfast Breads - Served with Butter, Preserves and Cream Cheese
- Selection of mini Danish pastries
- Assorted Seasonal Fruits and Berries
- Granola, Greek yoghurt and honey pots
- BLT Bruschetta
- Corned beef hash with quails egg, crème fraiche and chives topping
- Home made Bacon and asparagus quiche
- Freshly Squeezed Orange and Grapefruit Juices
- Italian or Fairtrade Filter Coffee (Decaffeinated Coffee)
- Assortment of Teas and Herbal Infusions

### Healthy Breakfasts

- Buckwheat Pancakes with Pears and Crème Fraiche
- Buttermilk pancakes with Choice Fruit and Greek yoghurt
- Breakfast Potatoes with Red Peppers
- Green Power smoothie with kale, apple, lime, celery and grape
- Assorted Seasonal Fruits and Berries
- Fruit Skewers (Strawberry, kiwi, and pineapple with a passion fruit dip)
- Fresh Fruit Juice (Orange and Grapefruit Juices)
- Italian or Fairtrade Filter Coffee (Decaffeinated Coffee)

## Breakfasts Ideas

**We're happily waiting to hear about your plans. In the mean time, rest assured benons Catering are here to make your business engagements and meeting with exquisite catering and menus to power your staff and guests with brain-powering breakfast menu options;**



# Our All Inclusive Breakfast, Lunch and Afternoon Tea Packages with Benons Ca-

## Corporate Breakfasts (Select one buffet)

### Breakfast Wraps

#### Assorted Tortillas Wraps to include. . .

- Scrambled Eggs in butter and cream
- Black Beans
- Avocado, Roasted Corn, Caramelized Onions, Diced tomato
- Cheddar Cheese and Grilled Sausage
- Centre Cut Crispy Bacon with Cheddar Sprinkles
- Spam, grilled mushrooms and cheddar cheese
- Fresh Tomatoes, Mushrooms
- Fresh Fruits and Berries...Sliced Melons and Berries of the Season
- Assorted Seasonal Fruits and Berries Salad
- Fruit Skewers (Strawberry, kiwi, and pineapple with a passion fruit dip)
- Fresh Fruit Juice (Orange and Grapefruit Juices)

### Healthy Oat meal Breakfasts

- Assorted Flavourings to include... - (Fresh Berries, Bananas, Almond Milk, Soy Milk, Milk, Maple Syrup, Dried Fruits, Slivered Almonds, Vanilla, Cinnamon, chocolate, Almond, Brown Sugar, Coconut, Granola)
- Cranberry & Blueberry Porridge
- Apple & Cinnamon Porridge
- Classic Scottish Porridge
- Selection of Muesli Bars
- Fresh Fruit Juice (Orange and Grapefruit Juices)
- Italian or Fairtrade Filter Coffee (Decaffeinated Coffee)
- Assortment of Teas and Herbal Infusions

## Healthy Choices

From power smoothies, to home made fruit skewers all the way to bringing the best morning bakes, or our altogether warming and wonderful breakfast porridges we have it all. Should you want perhaps to sweeten a special guest's day, for example a VIP for a huge business engagement, why not consider something like our buttermilk pancakes with yoghurt and maple syrup with a choice of fresh fruit fillings!!

# Day Time All Inclusive Lunch, Afternoon and Evening Tea Packages with Be-

## Corporate Lunches (Select one buffet)

### Wraps & Salads

- Mixed Salad - Baby Mixed Greens with Tomato, Endive, and House Vinaigrette
- Potato Salad with Whole Grain Mustard
- Black Bean Salad
- Rice Salad
- Black Forest Ham with Sharp Cheddar Wrap
- Greek Style with Cucumbers, Diced Tomatoes, and Feta Wrap
- Turkey and Avocado with Tomato, Cheese, and Herbed Aioli
- Assorted Brownies and Blondies

### Asian Lunch Special

- Asian Slaw with Napa Cabbage, Carrots, Bean Sprouts, Cashews & Miso Vinaigrette
- Edamame Beans in the Shell with Smoked Flake Salt
- Unagi Glazed Salmon on Romaine with Daikon, Carrots and Ponzu Sauce
- Steak Salad
- Greens, Thai Basil, Cucumbers, Tomatoes, Pineapple and Ginger-Lime Vinaigrette
- Chilled Noodle Salad with Spicy Szechwan Peanut Sauce and Julienne Cucumber
- Green Bean Salad with Red Peppers and Sesame-Soy Vinaigrette
- Cinnamon and Sugar Dusted Banana Spring Rolls
- Acai and Blueberry Crumbles



## Innovative Catering

**Breakfasts, Lunches or Afternoon Tea, Whatever you are looking for we will deliver it to you. We believe in corporate catering being a part and parcel of the process of motivating company staff. It's the reason we put everything into what we do from the best of British fry-ups to fresh and wholesome Indian cuisine, good old Mediterranean, or perhaps some of Scotland's finest kedger-ee. Our job is to ensure that you start your day, in the best possible way; the way every day should be.**

# Our All Inclusive Breakfast, Lunch and Afternoon Tea Packages with Benons Ca-



## Breakfasts Ideas

**What Are you after? Is it meeting catering? Customer & Employee Appreciation Event, Promotions, Grand Openings, Outdoor Affairs, Meetings, Holiday Parties, Boxed Lunches, Picnic and Lunch Bags, or Product Launch? A conference lunch box and bowl food can be a great way to wow your guests. Should you want something more grand, our lunch specials can be made bespoke for your specific needs.**

### Corporate Lunches (Select one buffet)

#### British Lunch Specials

- Chopped Chino Farms Vegetable Salad with Shaved Parmesan
- Assorted Breads and Focaccia
- Roasted Filet Mignon with Cognac Mustard on a bed of Fresh Rocket
- Grilled Chicken with Tarragon Aioli
- Grilled Asparagus with Lemon Vinaigrette
- Carrot Cous Cous with Turmeric, Cilantro and Mint
- Fresh Fruit Salad with Mint
- Lemon Bars and Dark Cocoa Chocolate Truffle Cakes
- Fresh Fruit Juice (Orange and Grapefruit Juices)
- Italian or Fairtrade Filter Coffee (Decaffeinated Coffee)
- Assortment of Teas and Herbal Infusions

#### Conference Lunch Box

- Freshly Roasted Turkey Sandwich
- Arugula, Tomatoes, Olive Tapenade and Dijon Aioli
- Greek Salad Spinach Wrap with White Bean Hummus
- Fingerling Potato Salad
- Kale Chips
- Parfait of Sponge Cake, Acai Whipped Cream and Blackberries
- Fresh Whole Fruit from the Farmers Market

#### Bowl Food

- Wild Rice Salad with Sunflower Seeds and Dried Cranberries
- Handmade Winter Squash Tortelloni with Brown Butter and Sage
- Sliced Pan Roasted Chicken with Rosemary and Natural Jus
- Vegetarian Option - Roasted Fingerling Potatoes
- Brussel Sprouts with Bacon Lardons
- Fresh Whole Fruit from the Farmers Market



# Our All Inclusive Breakfast, Lunch and Afternoon Tea Packages with Benons Ca-

## Morning Break Options (Select 1 buffet)

### Keep Fit Morning Options

Assorted Housemade Granola Bars

Individual Greek Yogurts

Whole Fresh Fruit

Freshly Squeezed Juices - daily rotation of 4 - 5 juices. . .

Orange, Grapefruit, Cranberry, Apple, Pineapple, Carrot, Green Machine, Acai, Pomegranate, Coconut Water, Aloe, Wheatgrass, and Watermelon, Guava

### Sweet and Savoury Corner

- Spiced Nut Mix
- Savory Popcorn
- Assorted Blondies and Brownies
- Assorted Jumbo Cookies
- Chocolate Covered Pretzels

### Breakfast Bars (Assortment)

- Assorted Dried Fruits and Raw Nuts to include...
- Almonds, Walnuts, Pumpkin Seeds, Cashews
- Dried Cranberries, Dried Apricots
- Blueberries, Raisins
- Dark Chocolate Chips, Coconut shavings,
- Yogurt Raisins
- Wasabi Peas

### Energy Booster (add-on)

- Fresh-Blended Fruit Smoothies
- Blended with Guarana Extract for Memory Retention and Energy
- Assorted Granola Bars
- Wasabi Pea, Crispy Garbanzo Beans and Soy Nut Mix

## Consistent Quality

We deliver your freshly prepared food right to your office or venue on platters ready to serve and wow, with the option to have our professional service staff set & service your event.

Should you wish us provide any hire services, please do get in touch at the earliest possible opportunity.

Email us:  
[info@benonscatering.co.uk](mailto:info@benonscatering.co.uk)  
Talk to us: 01706 843965

# Day Time All Inclusive Lunch, Afternoon and Even- ing Tea Packages with Be-

## **Afternoon Break Options (Select 1 buffet)**

### **Snacks & Dips**

- Falafel with minted Yogurt Dip, Humous and Olives
- Honey Sesame Sausages
- Ham, Cheese and Pineapple Sticks

### **After School Break**

- Selection of Wraps with a wide variety of fillings
- Mini Fruit Preserve and Nutella Sandwiches
- Fresh Fruit Basket— Apples, bananas, pears, grapes, kiwis
- Chocolate Chip and Oatmeal Cookies
- Ice Cold Milk and Chocolate Milk (can be in individual cartons or milk jars)

### **Afternoon Leisure Box**

- Crispy Lavosh with Kelp and Himalayan Sea Salt
- Pate with Mini Oat Cakes
- Dried Apple Chips
- Popcorn with Dried Oregano and Lemon Zest
- Peach Crumbles
- Farmers Market Vegetables with Herb Dip
- Imported and Domestic Cheeses with Dried and Fresh Fruit

### **Afternoon Refresher**

- Chicken Sate and Sweet Chilli Dip
- Mozzarella Sticks - Tomato, Olives and Mozzarella
- Crispy Rice Crackers around White Bean Hummus
- Duck Spring Rolls
- Chicken Goujons and Dips
- Green Tea Macaroons



## **Dependable Service**

**When you choose to celebrate with us, what you'll get is experience of an authentic seasonal catering menu created from the freshest and locally sourced produce, which is always prepared and presented with great care. And you'll be dazzled by our professional, attentive, and friendly service.**

**Email us:**  
**[info@benonscatering.co.uk](mailto:info@benonscatering.co.uk)**  
**Talk to us: 01706 843965**





## Value Finger Buffets - Breakfast, Lunch and After- noon Tea Packages

**Our Value Buffets are Available for Next Day  
Delivery**

### Finger Combo Buffet 1 (£4.40/head)

- **A Selection of Freshly made Sandwich and Wraps** made on both white and granary Bread (50/50)
- **Quiche Lorraine** - Vegetarian selection of mini quiches
- **Traditional Snack selection** - cocktail sausages, sausage rolls, savoury eggs, pock pies
- Mini Pizzas
- Traditional Mixed Salad
- Crisps and Nibbles - mixed flavours
- Cake Selection

### Finger Combo Buffet 2 (£4.90/head)

- **A Selection of Freshly made Sandwich and Wraps** made on both white and granary Bread (50/50)
- **Quiche Lorraine** - Vegetarian selection of mini quiches
- **Indian Snack selection** - Onion Bhajees, Samosas, spring rolls,
- **Mini Sausage Rolls**
- **Mini Pizzas**
- Mixed Salad/Rice Salad/Potato Salad/Past Salad (Any 2)
- Crisps and Nibbles - mixed flavours
- Selection of Mini Cakes

### Finger Combo Buffet 3 (£5.90/head)

- **A Selection of Freshly made Sandwich and Wraps** made on both white and granary Bread (50/50)
- **Quiche Lorraine** - Vegetarian selection of mini quiches
- **Traditional Snack selection** - cocktail sausages, sausage rolls, savoury eggs, pock pies
- **Chicken Drumsticks**
- **Mini Pizzas**
- Traditional Mixed Salad/Rice Salad/Potato Salad (Any 3)
- Coleslaw
- Crisps and Nibbles - mixed flavours
- Selection of Mini Cakes

**Value Buffets To  
Bite Size Foods delivered to  
you fresh to wow your  
guests. You are welcome to  
add extra Items Available  
from Our Menus.**

**Want something More Be-  
spoke, Healthy or Special  
Dietary Requirements? We  
are happy create value  
menu buffets to meet every  
special requirements...**

**Email us:  
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# Value Finger Buffets - Breakfast, Lunch and After- noon Tea Packages

## Some Of Our Value Buffets are Available for Next Day Delivery

### Finger Combo Buffet 4 (£7.10/head)

- **Fresh Meat Platters** - roast ham, roast scotch beef topside, turkey, spicy sausages, sliced, salami, sliced peperoni, and prosciutto ham
- **Delicious Bread rolls** and Butter
- **Quiche Lorraine** - Vegetarian selection of mini quiches
- **Traditional Snack selection** - cocktail sausages, sausage rolls, savoury eggs, pock pies
- **Mini Pizzas**
- Traditional Mixed Salad/Rice Salad/Potato Salad (Any 3)
- Home Made Coleslaw
- Crisps and Nibbles - mixed flavours
- Selection of Mini Cakes
- Fresh Brews - Filter Coffee and Selection Teas

### Finger Combo Buffet 4 (£8.70/head)

- **Fresh Meat Platters** - roast ham, roast scotch beef topside, turkey, spicy sausages, sliced, salami, sliced peperoni, and prosciutto ham
- **Delicious Bread rolls** and Butter
- **Quiche Lorraine** - Vegetarian selection of mini quiches
- **Falafel with** minted Yogurt Dip, Humous and Olives
- Ham, Cheese and Pineapple Sticks
- **Chicken Satay**
- Traditional Mixed Salad/Rice Salad/Potato Salad (Any 3)
- Home Made Coleslaw
- Crisps and Nibbles - mixed flavours
- Selection of Mini Cakes
- Fresh Brews - Filter Coffee and Selection Teas



## Value Set Menus

When you want something  
Quickly, Set Menus can be  
a great way to motivate  
and deliver on sumptuous  
spreads for your meetings,  
staff training or any compa-  
ny events.

We Have many of Our Set  
menus available for Next  
Day Delivery.

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*Benons*  
Catering

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